

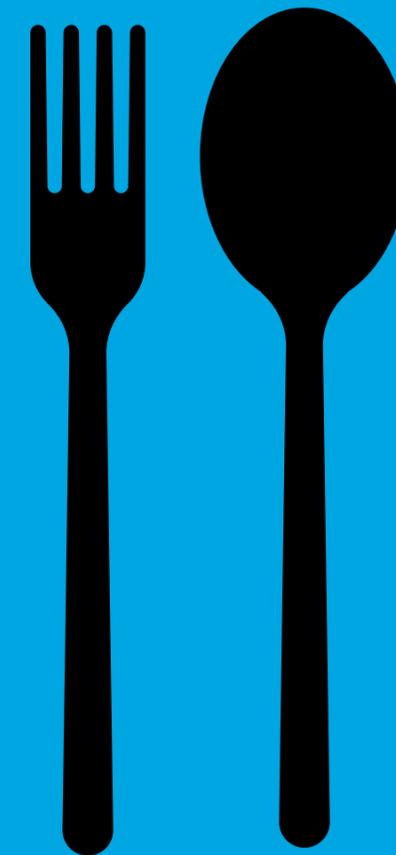
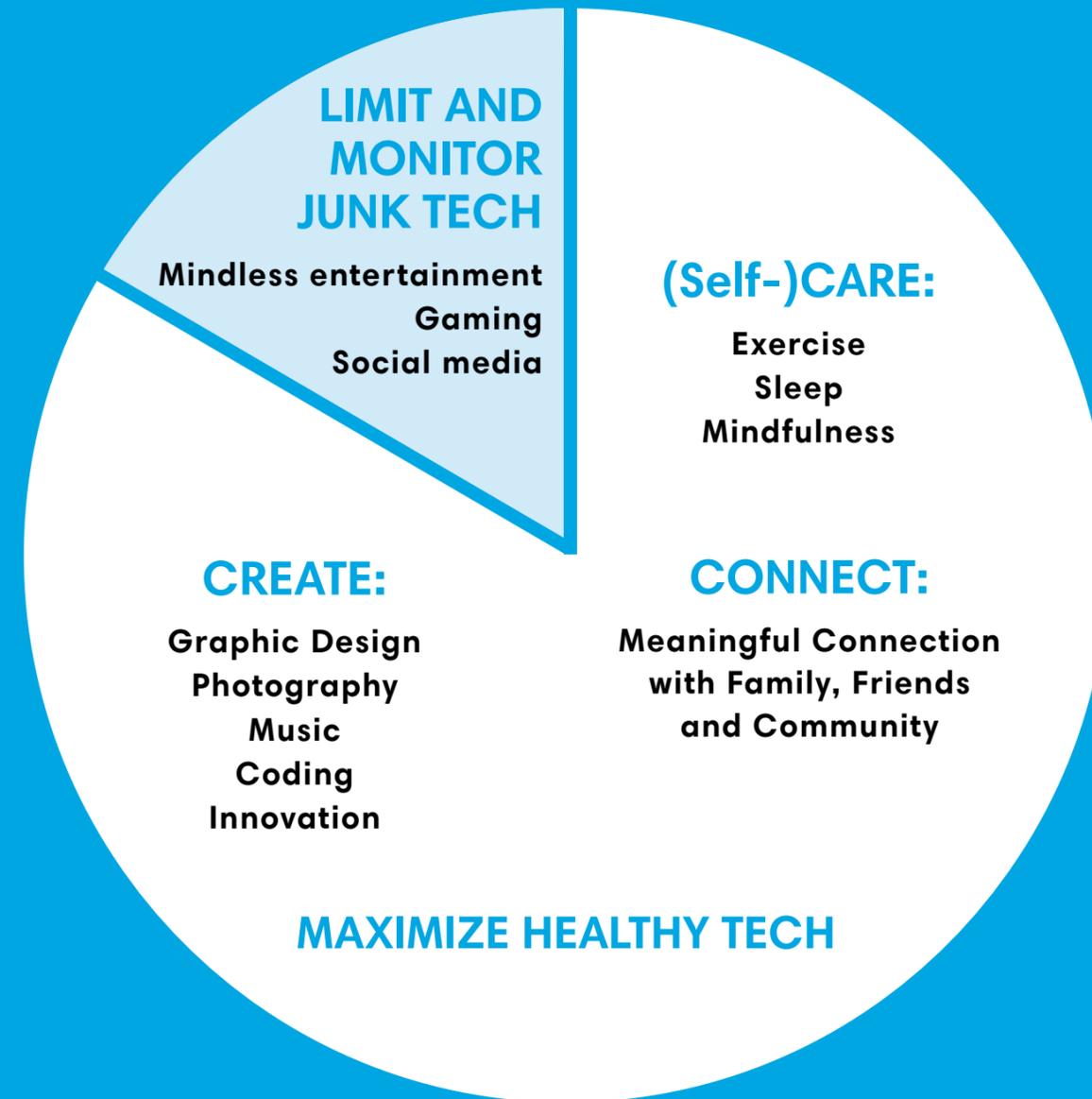
# THE TECH SOLUTION PLATE

for a Balanced Tech Diet



## NO TOXIC TECH!

Addiction  
FOMO  
Comparisons  
Bullying  
Hidden Stress



Dr. Shimi  
**KANG MD.**