

# Back to School Resources for School Communities

The Health Promotion and Schools team, in partnership with the Kelty Mental Health Resource Centre at BC Children's Hospital, has some helpful resources for school professionals in time for back to school!

## Webinars

- [Series: Social Emotional Learning with a Cultural Lens](#)
- [Series: School Anxiety & Attendance Challenges](#)
- [Protective Factors for Student Mental Health and Well-Being](#)
- [Introducing the Language Matters Resource for School Communities](#)

## "Where You Are" Podcast Episodes

- [When School Staff are Well, Students are Too - Strategies to Avoid Burnout](#)
- [Social and Emotional Learning: Supporting Kids at Home and School](#)
- [Promoting Student Well-Being: The ABCs of Substance Use Education](#)
- [The Role of Schools in Promoting Protective Factors for Students](#)

[Join our newsletter](#) for school communities and stay connected.

## Programs and Services for the Wider School Community

### For Parents and Caregivers

[BC Children's Kelty Mental Health Resource Centre](#) provides mental health and substance use information, resources, and parent peer support to families across BC. Our services are FREE of charge and no referral is required. Check out our website for podcasts, videos, books and more. Find the latest information to promote your child's well-being as they head back to school.



### For School Counsellors

[Compass Mental Health](#) connects community care providers across BC to the information, advice and resources they need to provide timely and appropriate mental health and substance use care to children and youth close to home. Compass is a great resource for school counsellors and mental health clinicians, especially those in rural and remote schools.

