



kelty mental health
resource centre

Pinwheel Education Series:

A Deeper Look at Binge Eating

DATE: Tuesday, June 21, 2011

TIME: 12 – 1PM (PST)



Binge eating is a unique issue within the spectrum of disordered eating. It is seen as a commonly used coping strategy by people experiencing distress, loneliness, isolation and trauma and some relate it to an addiction issue. Join our panel as they share the current knowledge on binge eating through their personal and professional experiences. The panel will address the underlying causes of binge eating, and explore effective ways of supporting someone struggling with binge eating.

To join the teleconference:

DIAL IN 1.877.291.3022

CODE 4611577#

Questions? Contact us:

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BC's Information Source for Children, Youth & Families

kellymentalhealth.ca



BC Mental Health &
Addiction Services

An agency of the Provincial Health
Services Authority